



CHRISTIAN MEDICAL COLLEGE
VELLORE, TAMIL NADU, INDIA

Department Of Distance Education
&
Rural Unit for Health and Social Affairs (RUHSA)

Community Lay-Leaders' Health Training Certificate



A unique opportunity for
Missionaries to equip themselves
with medical skills to prevent and
treat illnesses and thereby become
agents of holistic healing!

This is a unique opportunity offered by CMC for Missionaries working in remote parts of the country where there are very primitive or no healthcare facilities available.

Also it is an opportunity for them to get this medical knowledge and skills right at their door step.

This "Be a change agent" initiative will help them gain confidence and competency to prevent and treat most of the health problems at the village level itself thereby reducing pain and suffering and also health costs.

Why missionaries?

It is our mandate as Christians to reach out to our fellow human beings in their areas of need and thereby demonstrating the love of God to them. Health is one such huge area of need and millions of people perish each day due to diseases that can be easily prevented or treated successfully in the early stages.

There are about 6, 00,000 villages in India and 73% of India's population live in these villages. But 80% of the health professionals are concentrated in the cities. So there is a grave mismatch. To meet the health needs of the huge population living in the 6, 00,000 villages with a handful of health professionals

willing to work in rural areas is virtually an impossible task.

But the good news is that, most diseases don't need a health professional to prevent them or treat them in the early stages. Given the grave health scenario in our country, missionaries who are already established in the villages can contribute to meet this need easily. If missionaries are trained to offer culturally acceptable simple health care at the village level, that will help them become acceptable "change agents" in the community.

The Course:

'Community Lay-Leaders' Health Certificate' Program...

...a tailor-made program from a committed institution for equipping committed individuals placed in the neediest areas, with a vision to make a big difference to the health scenario of our nation.

This is a one year distance education course to train missionaries placed in remote areas to offer preventive and basic curative care to the communities they have dedicated themselves to serve and evangelize and thereby offer holistic care.

Objectives:

To equip missionaries serving in rural India with basic Primary Healthcare knowledge and skills so that they will be able to extend holistic care to the communities they serve and to their own families.

Eligibility:

- 12th Standard minimum
- Commitment to serve people in the remote areas of our country
- Should be based in remote areas of the country where medical facilities are primitive or non-existent

Structure of the course:

- Course Duration – 1 year.
- 2 semesters of 6 months each.

(Maximum duration allowed to complete the course is 2 years)

Study Materials:

- 5 easy-to-read booklets for each semester written in an interactive and self-learning format.
- Total 10 booklets for the entire course.
- Each booklet is designed to be completed in 1 month time by spending an average time of 30 minutes per day.

- The candidates are required to submit assignments at the end of each booklet.

Curriculum:

- 60 Problem based interactive modules which are written self-learning format in very simple language
- 50 Video-lectures and video demonstrations by expert faculty from CMC.
- Health promotion activities like Health Education with Audio-visual aids, health songs, skits etc.

Contact Programmes:

- Total 60 days of contact classes for hands-on training which will be held in 3 Sessions of 20 days each spaced over the one year period.
- These sessions will be conducted by trainers trained by CMC who will be placed in various mission hospitals across the country, which will be the regional centres.
- The missionary trainees will be allotted the closest regional centre where they will attend the contact classes in which they will be given hands-on training in both preventive and curative aspects.
- 100% attendance in contact classes is mandatory for all the candidates.

Award of Certificate:

Candidate should fulfill the following criteria:

- Examinations: Two examinations will be conducted at the regional centres - One at the end of 1st Semester and the other at the end of 2nd Semester of the course (during the 2nd and 3rd contact program). The examination will comprise of 2 Papers:
 - Paper I Theory
 - Paper II Practical
- Satisfactory completion of assignments and project work.

Course Fee:

The course fee is Rs.4000/=. This does not include the other costs that the trainees may incur in attending the contact programs like travel, boarding, lodging etc.

For further details contact:

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